

# PSYCHOLOGICAL SUPPORT FOR CHILDREN, PARENTS & CARERS

SPECIALIST CONSULTANT  
PSYCHOLOGIST

Service & Clinical Director

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## PROVIDING SPECIALIST ASSESSMENT & INTERVENTION TO FAMILIES & PLACEMENTS OF YOUNG PEOPLE EXPERIENCING DEVELOPMENTAL TRAUMA

### Outline of Treasure Keepers® Services:

The Treasure Keepers® service offers specialist psychological support to families and placements of children & young people experiencing developmental trauma. Treasure Keepers® also offers specialist training and consultation to professionals.

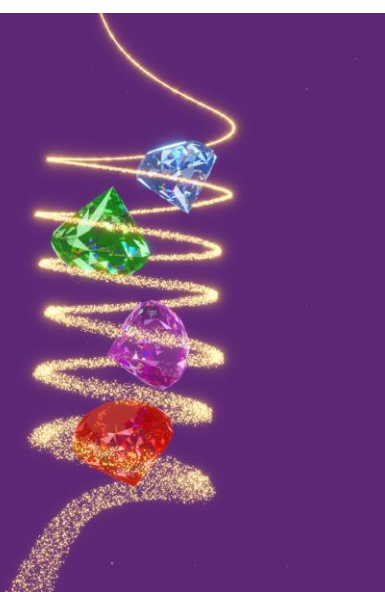
The Treasure Keepers® model integrates Psychological therapy and strategies. These are delivered through the Carer/Parent by Therapeutic Parenting strategies to the young person. This mode of therapy is thought to be most effective when working with traumatized children & young people (Perry, 2006).

Treasure Keepers® support & intervention aims at enhancing the mental health and emotional well-being of young people. This is done by offering therapeutic parenting support and (where appropriate) a neurosequential psychological therapy intervention for children & young people.

Treasure Keepers® offers specialist psychological support, intervention & understanding and through working collaboratively with young people, social care professionals, foster carers & parents, schools and other relevant agencies.

Treasure Keepers® has produced evidence-based research outcomes that it reduces trauma symptoms in children/young people, reduces behaviour disturbance and improves parental stress in the Carers/Parents. The research also indicated effectiveness in maintaining placement/family stability.

Teamwork  
 Regulation  
 Emotional & Physical Wellbeing  
 Attributes & Resilience  
 Safety  
 Understanding Trauma  
 Relationships  
 Empathy & Reflection



[www.treasurekeepers.co.uk](http://www.treasurekeepers.co.uk)

**Specialist Psychological Intervention for Carers/Parents of Looked After & Adopted Children and Children with Complex Trauma.** This includes psychological assessment, formulation and intervention. Intervention includes delivering evidence-based approaches around emotional regulation, attachment issues and parenting strategies. Specialist, individualized intervention is delivered, working collaboratively with young people, social work practitioners, foster carers & parents, schools and other relevant agencies. Intervention has been offered both on a long term and short term basis.

**Psychological treatment with complex cases.** We have extensive experience of working with children and families where the young person has multiple diagnoses (such as developmental trauma, attachment disturbance, ADHD and mental health conditions)

**Training and Consultation.** Training has been offered to Local Authorities on topics such as 'communicating with Teenagers' and 'How to be a therapeutic parent'. Bespoke psychological training packages can be designed for the needs of the organisation. We also offer group and individual consultation to professionals.

**Group work.** We offer reflective practice groups and Carer Support Groups.

*The model involves a Therapeutic Parenting Intervention, delivered in a bespoke fashion to each referred family/placement.*

## What services can be offered to Local Authority Teams?



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Treasure Keepers® specialises in working with children and families with complex trauma needs. These children and families tend to have a lengthy history of trauma and abuse (physical, emotional, sexual and neglect) and specialist intervention is essential.

**Experience and commitment to partnership working** to provide high quality integrated services to vulnerable groups and to improve whole life outcomes for these individuals and families. We have strong links within the Local Authority Teams work with them in an inclusive and transparent manner. We have extensive experience in working in partnership with NHS Child and adolescent Teams, Schools, Social Care Teams, voluntary sector organisations, Fostering Agencies and other relevant agencies.

**Access to Specialist Associate Practitioners** we have carefully selected some associate practitioners to work within the service. This includes our Specialist Psychological Assistant (for family based practical interventions), Specialist Psychologists (for direct psychological therapy with young people & Carers/Parents and Specialist Teaching Services for Schools.



**Specialist Consultant Psychologist & Specialized Team Psychologists** with extensive experience specializing in working with children and families with developmental trauma

**Psychological assessment.** We have an extensive experience base of assessing both adults and children through clinical interview and psychometric testing.

**Creating Calm & Connection.** We offer intervention which has evidence of good outcomes for change. Intervention follows an integrative and neurosequential model (including neuroscience, attachment theory and complex trauma recovery theories)



## What does a typical Treasure Keepers® Intervention include?

The service includes a full neurosequential psychological assessment. This assessment provides up to date information on the psychological presentation of the young person and looks at all areas of their function. This includes their attachment style, emotional and behavioural regulation, cognitive abilities, physical and mental health and social abilities. The assessment also looks at the young person's presentation in the family/placement and school.

The intervention sessions monitor the presentation of developmental trauma currently active for the child/young person and direct specific intervention strategies on how Parents/Carers can best offer parenting to help manage this.

The parenting strategy interventions follow the Treasure Keepers® specialist intervention model to help assist and adjust parenting approaches to help promote better relationships and well-being within the family/placement.

If individual therapy is offered for the child/young person then this follows a neurosequential and integrative model designed specifically for that child/young person



**If you would like to discuss any aspects of the service further please do not hesitate to make contact...**



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