



TREASURE
KEEPERS

Statement of Purpose

CONTENTS

[Purpose of this Statement](#)

[Services We Provide](#)

[Mission Statement](#)

[Access to Services](#)

[Specialist Complex Assessment Service](#)

[Psychological Consultation & Therapies Service](#)

[Training & Consultation Services](#)

[Finances](#)

[Company Details](#)

[Structure of Treasure Keepers](#)

[Policies & Procedures](#)

[Children's Guide](#)

[Monitoring & Evaluation of Services](#)

PURPOSE OF THIS STATEMENT

The purpose of the Statement is to:

- ❖ Provide a clear written statement of the aims and objectives of Treasure Keepers
- ❖ Accurately describe what services Treasure Keepers provide and to whom
- ❖ Treasure Keepers is a paper free service but will endeavour to make this Statement of Purpose as available to access to all by adjusting font style and size where needed. We are unable to offer this (or any documents) in braille and currently can only produce documents in English language. We realise that this has limitations for service users and staff and Treasure Keepers continues to try and find ways to be as inclusive as we can be.

The Statement of Purpose can be circulated to all those who work for or with Treasure Keepers and is available for download on our website (www.treasurekeepers.co.uk)

A copy will also be provided to all new Staff/Associates.

A copy of this Statement of Purpose is publicly available on the website and is also available on request.

The Statement of Purpose will be reviewed at minimum annually and approved by the Clinical & Service Director.

SERVICES WE PROVIDE

Treasure Keepers is a specialised service dedicated to supporting children and families affected by developmental/complex trauma and mental health issues. As a small, innovative psychological service, we focus on assisting those impacted by complex trauma through tailored support for children, families, and professionals.

Our services include comprehensive psychological assessments for complex trauma and attachment issues, psychological consultations, therapeutic services (including residential home support), and training programs.

Our work is guided by a structured framework that integrates various psychological therapy methods specifically designed for trauma treatment. Our assessments, interventions, and training are grounded in a deep understanding of trauma psychology.

Our psychological consultations and interventions are structured around our customised frameworks, including TREASURE therapeutic parenting and GEMS psychological therapies.

We provide services to children and young people from childhood through adolescence (up to age 24) who have complex trauma needs, often stemming from experiences of trauma and abuse, including physical, emotional, sexual, and neglect.

MISSION STATEMENT

Stability, Strength & Sparkle

Vision

Our goal is to support everyone impacted by developmental/complex trauma—children, young people, parents, caregivers, and professionals—in uncovering and valuing their Stability, Strength, and Sparkle. This journey aims to foster resilience and enhance well-being in the face of trauma.

We are committed to enhancing understanding, empathy, and results for children, families, and care settings affected by developmental/complex trauma through innovative, creative, personalised, and high-quality services.

Our Values

All children and young people are the Treasures of the future and Treasures within our homes.

'Treasure Keepers Treasure and Value Your Uniqueness'.
(Diversity, Equality and Inclusion Statement, 2021)

Our Aims

Treasure Keepers is dedicated to assisting children and young individuals who have faced developmental/complex trauma, along with their families or caregivers, in recognising and valuing their **Stability, Strength, and Sparkle**.

We hold the belief that every child who has experienced developmental/complex trauma deserves a joyful childhood, enriched by exceptional parenting and a diverse array of opportunities to nurture their talents and skills, ultimately paving the way for a successful adult life.

We also believe that the journey of Parenting can be cherished and supported to foster the development of resilient, stable families and placements. Treasure Keepers strives to achieve this by enhancing and fortifying relationships, promoting the emotional, mental, and physical well-being of young people, and creating an environment of safety and stability that allows families and individuals to shine and realise their full potential.

To enhance outcomes and build trauma resilience, Treasure Keepers employs our organisational frameworks, Models of Therapeutic Parenting (TREASURE) and Psychological Therapies (GEMS).

Key Objectives:

- **Delivering Exceptional Assessment and Therapeutic Services** that Enhance Outcomes for Young Individuals and Family/Placement Stability. It is crucial that these services are provided promptly, as childhood and adolescence progress rapidly.
- **Recognising the Nuances of Complex/Developmental Trauma**. Treasure Keepers emphasise the significance of comprehensive and holistic specialist psychological assessments. Understanding the experiences that a young person has endured, their current challenges, and their future potential is vital for tailoring appropriate support for both the individual and their Parent/Carer.
- **Fostering Stability, Strength and Sparkle**. Treasure Keepers is committed to transforming the challenges associated with developmental/complex trauma and the resulting life transitions for children (such as entering care or adoption) into opportunities for enhanced stability, strength and sparkle. Although the path of developmental/complex trauma may be arduous, it can pave the way for recovery and growth within nurturing family environments. Our psychological interventions (TREASURE and GEMS) aim to help individuals achieve greater internal stability, strengthen their family/placement dynamics, harness their inherent strengths, and rediscover their sparkle (including talents, well-being, and hope).
- **Empowering Outstanding Parenting**. Parents, Carers and residential homes careworkers of children who have faced developmental/complex trauma (including those who are Looked After or Adopted) are required to be 'exceptional and sparkling'

caregivers. The children in their care may exhibit complex emotional, behavioural, psychological, and health-related challenges. Consequently, Parents and Carers may find the demands of providing responsive and therapeutic parenting to be overwhelming and perplexing. Access to high-quality support is essential for successfully navigating these challenges.

- **Provide High Quality, Innovative Assessment & Therapeutic Services** that improve outcomes for Young People and Family/Placement stability. Ensuring these are delivered in a timely fashion as childhood and adolescence moves quickly!
- **Help and Protect all in feeling safe.** Treasure Keepers have thoughtful and careful safeguarding policies and responses. We will always ensure that safeguarding concerns and risks are well managed.
- **Supporting the Workforce.** Treasure Keepers place high value on encouraging the workforce who walk alongside developmental/complex trauma to cultivate their understanding, reflective capacity, empathy and personal/professional wellbeing.
- **Ensure cost effective services** are provided and resources are optimally used.
- **Prepare and provide up to date records** that are kept safe and secure.
- **Recruit only the most qualified specialised practitioners**, ensuring they receive comprehensive training, supervision, and support within Treasure Keepers.
- **Foster and enhance community connections and establish high-quality collaborative practices** with other professionals, agencies, and systems that engage with our Young People and Families.
- **Involve and consult our Service Users** in both service delivery and the development of services.
- **Stand TOGETHER** (please refer to our 'code of conduct') to guarantee that all Service Users and partner professionals are treated with dignity, free from discrimination or bias.

Treasure Keepers Services & Delivering Outcomes

We focus on fostering **placement/family stability and building attachment/relational health while facilitating recovery from trauma and Adverse Childhood Experiences (ACEs)**, thereby enhancing mental health and overall well-being and life outcomes.

Our 4 key outcomes from intervention are:

1. **Family/Placement Stability**
2. **Improved Quality of Relationships (Supporting Family/Placement Stability)**
3. **Improved mental health & trauma symptoms**
4. **Improvements as reported through feedback from Service Users.**

ACCESS TO SERVICES

Treasure Keepers welcome referrals from Local Authorities, Regional Adoption Agencies, Children's residential homes and individuals seeking assistance related to developmental/complex trauma experiences.

Our primary collaboration is with Local Authorities that require services for Children and Families facing Developmental/ complex Trauma.

Treasure Keepers collaborates with Local Authorities to deliver adoption support exclusively under formal contractual agreements. As a result, Ofsted registration is no longer required, following our voluntary withdrawal as a 'Good' provider in September 2025.

Additionally, funding for Treasure Keepers Services can be obtained from various Local Authority Children's Services Teams, such as those focused on 'Children Looked After' and 'Children In Need.'

Treasure Keepers also offer self-funded psychological therapy services.

Referral Pathway

- i. The referring agency/professional makes contact with the Service by telephone or e-mail. (admin@treasurekeepers.co.uk)
- ii. Self-referrals can be made by Service Users independently
- iii. The suitability of the referral and any issues of concern are discussed
- iv. Funding arrangements are agreed
- v. A referral form and referral processes are completed accordingly

SPECIALIST COMPLEX ASSESSMENT SERVICE

Specialist Complex Psychological Assessment

Cost: £2500

Clinical Rationale for Specialist Assessment

- A comprehensive specialist psychological assessment is considered best practice for young people with complex trauma because it ensures accurate understanding, risk reduction, and tailored intervention.
- This approach goes beyond generic strategies and provides a structured, evidence-based foundation for therapeutic parenting and placement stability.

Objective of Specialist Assessment

To deliver a comprehensive assessment of the Young Person's wellbeing, trauma history, and attachment/relational patterns, providing an accurate formulation that informs tailored, evidence-based intervention planning.

Why a Specialist Assessment is Recommended:

- **Holistic Understanding of Needs.** Identifies the full impact of developmental trauma on emotional, physical, and relational functioning, including attachment patterns and autonomic responses.
- **Differentiation of Complex Presentations.** Distinguishes trauma-related behaviours from neurodevelopmental conditions (e.g., autism, sensory processing differences), preventing misdiagnosis and inappropriate interventions.
- **Evidence-Based Formulation.** Creates a bespoke therapeutic parenting plan informed by clinical data, reducing reliance on generic approaches and improving placement success.
- **Risk Mitigation and Placement Stability.** Anticipates stress points and equips Caregivers with trauma-informed strategies, lowering the risk of placement breakdown and promoting secure attachment.
- **Multi-Method, Neuro-Sequential Approach.** Combines clinical interviews, psychometric testing, and creative/projective tools to provide a bottom-up view of development and trauma responses.
- **Regulatory and Professional Standards.** Delivered by HCPC-registered Highly Specialist Psychologists qualified to diagnose and treat, ensuring compliance with clinical governance and safeguarding requirements.
- **Structured Reporting for Joined-Up Care.** Produces detailed reports, including therapy plans, trauma psychoeducation, polyvagal profiles, and psychometric outcomes—supporting coordinated care across social, health, and education systems.
- **Baseline for Monitoring Progress.** Establishes measurable indicators for trauma symptoms, attachment behaviours, and caregiver stress, enabling ongoing evaluation and adjustment of interventions.

Assessment Outputs Include:

1. **Executive Summary & Therapy Plan** (child and parent-friendly)
2. **History Report**
3. **Detailed Psychological Assessment Report** including Clinical Interview of Caregivers and Young person; mental health diagnoses, GEMS Trauma Response/Polyvagal Profile.
4. **Psychometric Test Outcome Report** detailing specific results on tests completed
5. **Letters to Supporting Professionals and Young Person** (where appropriate) to share a synopsis of the clinical summary in accessible language.
6. **Information and Appendices Report** (including trauma and psychoeducation information)
7. **Funding Proposal Report** providing a bespoke quote for the recommended package of intervention

NEURODIVERSITY ASSESSMENT SERVICE

Assessment Costings:

- **Autism Spectrum Disorder (ASD) Assessment:** £2,160
- **Attention Deficit Hyperactivity Disorder (ADHD) Assessment:** £1,320
- **Combined ASD & ADHD Assessment:** £2,880

ASD Assessment Details:

- **Age Range:** 6 years and above (children and adults)
- **Assessment Components:**
 - Two clinicians
 - 4 hours direct client contact
 - 3 hours scoring
 - 5 hours report writing
 - 2 hours information gathering
 - 1 hour clinical discussion
- **Tools Used:**
 - ADOS-2 kit and booklets
 - ADI-R booklets
 - Scoring algorithms

ADHD Assessment Details:

- **Age Range:** From 7 years (children and adults)
- **Assessment Components:**
 - One clinician
 - 2 hours direct clinical contact
 - 1 hour issuing and scoring pre-screening questionnaires
 - 3 hours report writing
 - 1 hour clinical discussion
- **Tools Used:**
 - Conners Questionnaire
 - SNAP Questionnaire
 - QB Check
 - ACE Developmental Assessment

Combined ASD & ADHD Assessment:

Includes all components and tools from both ASD and ADHD assessments.

Optional Prescribing Service for ADHD (Affiliate Provider)

For clients diagnosed with ADHD, medication can be accessed through an affiliate prescribing service: Clearly Focused ADHD

- Initial consultation: £140
- Review consultations: £130 each (number varies by client)
- Shared care application: £120 (enables NHS prescribing)
- Annual review or medication adjustment: £130
- Private prescription costs: £25–£140 per month (dependent on medication and dosage)
- Prescribing pharmacist will always aim for cost-effective options.

PSYCHOLOGICAL CONSULTATION & THERAPIES SERVICES

Intervention Models:

- **Treasure Keepers use an integrative, trauma-informed therapeutic model** specifically designed for families, placements, residential homes and professionals supporting those with complex trauma.
- **Our methodology incorporates a variety of evidence-based models**, such as developmental/complex trauma frameworks, Developmental Dyadic Psychotherapy (DDP), the PACE attitude, attachment theory, neuroscience, Polyvagal Theory, and self-regulation strategies. By integrating these approaches, we deliver comprehensive support designed to strengthen relationships, facilitate trauma recovery, enhance emotional regulation, and build resilience within families. In essence, Treasure Keepers utilise a holistic, integrative therapeutic model guided by best practice standards in trauma and attachment, blending relational, neurobiological, and psychological techniques to effectively support families, placements and residential homes.
- **The intent is to offer assistance proactively**—before challenges arise—as well as to provide targeted support during times when families/placements may be struggling. This comprehensive approach ensures that families, placements and residential homes receive the guidance they need at every stage.

Our interventions include the TREASURE and GEMS Psychological Therapy & Consultation organising models:

- **The TREASURE model focuses on therapeutic parenting**, equipping parents, carers and residential home careworkers with tailored strategies to foster secure attachments, support trauma and promote emotional stability.
- **The GEMS model is an integrative neurosequential psychological therapy** for children and young people, targeting emotional resilience, trauma recovery, self-understanding, and healthy relationships.
- Both models are delivered by specialist clinicians, typically involve both caregivers and young people, and are typically offered on a fortnightly basis following comprehensive assessments. This ensures that interventions are collaborative, bespoke, and responsive to the unique needs of each Young person and their caregivers.

Evidence base:

Treasure Keepers review psychometric test outcomes regularly which demonstrate improvements in outcomes including:

- ✓ **Improved mental health symptoms** of Young People
- ✓ **Improved trauma symptoms** of Young People

Improved attachment relationships (and family/placement stability)[Consultation & Therapies:](#)

Session costs: £175-£212 depending on specific package commissioned

GEMS Psychological Therapy interventions

Session Structure and Delivery:

- These sessions are available either virtually or on-site.
- Therapy is usually offered on a fortnightly basis.
- Carers/Parents are often invited to attend these sessions alongside the Young Person

Objectives:

- The primary objectives of GEMS Psychological Therapy are to help children develop a coherent self-view, build emotional resilience, and foster a sense of inner stability.
- Children and young people are supported in gaining knowledge and understanding of their backgrounds. The therapeutic process encourages the development of their emotional, intellectual, social, creative, and physical strengths, enabling young people to find their unique 'sparkle'.

Therapeutic Approach:

- Psychological therapy for children and young people is delivered through the customised GEMS model.
- The framework supports integrative therapy provided by specialist clinicians, following a recommended comprehensive and recommended assessment.
- Interventions may incorporate attachment-based, psychodynamic, systemic, humanistic, or cognitive-behavioral approaches, all within a neuro-sequential structure.
- This integrative psychological therapy utilizes a bottom-up neuro-sequential approach, which activates lower and mid-brain functions before engaging higher-level cognitive processes.

Parental and Caregiver Involvement:

- Parents and carers play an active role in the therapeutic process to support co-regulation and enhance the quality of relationships.
- Sessions often run in parallel with TREASURE Parenting Consultations, scheduled at intervals such as fortnightly, monthly, or bi-monthly according to assessment outcomes and available funding.
- The therapy sessions are frequently play- and Theraplay-informed, and include the primary caregiver to ensure holistic support.

Holistic and Individualised Care:

- GEMS interventions are holistic and tailored to the individual needs of each child or young person, addressing the body, relationships, experiences, and cognition.

The therapy is closely integrated with the TREASURE Parenting Model, and is delivered by highly qualified and carefully selected practitioners, ensuring a high standard of care and support

GEMS Area	Brain Area	Aims	What a Young Person might do in a GEMS session	What a Parent/Carer might do in their TREASURE session
Genesis 	Brainstem/Lower Neocortex	Increasing Safety Reducing fear Increasing awareness of body & emotions Increasing regulation & co-regulation Increasing connection with body	Breath Work Bi-lateral stimulation Yoga/exercise/traumaverse games Emotion & Body Psychoeducation Individualised 'Cool box' built	Regulation strategies Emotional & Physical Wellbeing strategies Safety strategies Understanding Trauma developed Relationships strategies & understanding
Emotional/Social 	Middle/Limbic/Middlebrain/Mammalian	Increasing Regulation & Co-regulating relationships Increasing window of tolerance Understanding relationship triggers & glimmers Developing more stable & secure relationships Increasing empathy	Body connection exercises Mindfulness Therapy exercises Creative work Board games Free Play	Building Teamwork Regulation strategies Emotional & Physical Wellbeing strategies Safety strategies Understanding Trauma developed Relationships strategies & understanding Empathy developed
Mastermind 	Top/Neocortex/Complex/Verbal	Increased Brain integration (up/down/left/right) Increased reflection Increased self regulation Improved identity & sense of self Improved thinking skills Improved focus	Treasure Tellers Therapeutic Life Story work Treasure Trail Life Mapping work Self esteem work Memory/concentration/attention activities Support with Learning	Building Teamwork Regulation strategies Emotional & Physical Wellbeing strategies Attributes & Resilience Safety strategies Understanding Trauma developed Relationships strategies & understanding
Synthesis 	Integration/Bringing it all together	Coherence & acceptance of self Improved physical & emotional wellbeing Less emotional & behavioural reactivity More flexibility Healthier relationships	Self care exercises Life balance exercises Personal development exploration	Building Teamwork Regulation strategies Emotional & Physical Wellbeing strategies Attributes & Resilience developed Safety strategies Understanding Trauma developed Relationships strategies & understanding

TREASURE Parenting Consultation & Therapy Intervention

TREASURE Parenting Consultation: Structure and Aims:

The TREASURE Parenting Consultation & Therapy Intervention is designed to provide consistent, structured support for caregivers, delivered either virtually or on site at our clinic.

Objectives of the Intervention:

- **Support caregivers in developing and stabilising their relationships** with the young people in their care.
- **Facilitate exploration of behavioural and emotional responses**, helping both caregivers and young people better understand the impact of their past experiences.
- **Enhance caregivers' understanding of the full range of needs**—emotional, social, physical, health, and psychological—of the young people they support.
- **Encourage the cultivation of the young person's unique strengths and qualities**, helping to build their confidence, talents, assets, and resilience—their individual 'sparkle'.

Key Features of the TREASURE Model:

- **Consultation sessions are tailored for caregivers**, utilising the trauma-sensitive TREASURE framework.
- **The intervention emphasises therapeutic parenting, trauma-informed strategies** aimed at strengthening relationships and enhancing family or placement well-being.
- A specialist assessment is recommended prior to commencing intervention, ensuring that the approach is adapted to the specific needs of each family or placement.



- **T- Teamwork** – the recognition that everyone (social care practitioners, parents & carers, young people psychologists, school & therapists) needs to work together in a joined up way to create good outcomes
- **R- Regulation** – The importance of being able to calm & soothe (down-regulate) or activate (up regulate) the young person to support their emotional and physical health. Understanding the Nervous system.
- **E- Emotional & Physical Wellbeing** - Looking after yourself in mind, body and spirit
- **A- Attributes & resilience** - developing your young person’s talents, assets, self-esteem and confidence. Celebrating their resilience. Helping them identify, express & tolerate their needs and feelings
- **S- Safety** – Establishing an enhanced level of psychological and perceived safety for the young person. Acknowledging the part that fear plays within their emotions, behaviour and physical health. Giving your young person a sense of safety, routines and CALM parenting approach to discipline. Considering patterns and routines
- **U- Understanding Trauma**- Developing an enhanced understanding in the role of trauma for your young person and for the Parent/Caregiver
- **R- Relationships** - developing healthy, safe, connected and trusting relationships between yourself and your young person. Supporting healthy friendships. A developed ability to repair when things are difficult.
- **E- Empathy & Reflection** - developing your ability to understand ‘why’ your young person may react or behave as they do. Developing reflective capacity in caregivers.

TREASURE & GEMS Combined:

Synergy for Effective Change

- For Treasure Keepers interventions to be most effective and foster meaningful change, it is recommended to fully integrate GEMS psychological therapy with TREASURE therapeutic parenting

- This includes protected sessions where Caregivers have the privacy and protected time of seeing their Psychologist/Psychotherapist without the Young Person present as well as Psychological Therapy sessions where the Young Person may be seen either alone or with their Caregiver present.
- This combined approach ensures that therapeutic strategies are tailored specifically to the child's needs within their family context, based on thorough assessment (where assessment has been commissioned).

Central Role of Parents and Carers

- The greatest potential for building trauma resilience and supporting recovery lies with the parents and caregivers.
- Their ongoing, quality daily care has a transformative impact on the bodies, brains, and relationships of the young people they support.
- When equipped with therapeutic parenting skills informed by their child's therapy, parents and carers become the driving force in facilitating recovery and resilience.

Therapeutic Parenting: Beyond Therapy Sessions:

- The process of moving toward recovery or resilience is not merely the result of children attending psychological therapy sessions for a few hours each month.
- Rather, psychological therapy serves as a dedicated space for exploring behaviors and emotions, and for testing strategies to regulate these experiences.
- The real change occurs in daily interactions, where therapeutic parenting is consistently practiced.

GEMS Joint Sessions: Collaborative Practice:

- GEMS joint sessions typically involve both children and their parents or caregivers. These sessions are organized in a neuro-sequential manner, taking into account the foundational elements required for trauma resilience.
- They provide opportunities for 'live practice' of interventions introduced in TREASURE sessions and for deepening attachment relationships.
- The goal is for both parents (as co-regulators) and children or young people to develop a set of skills that help manage their nervous systems, thereby cultivating stability, strength, and a sense of sparkle.

Stability, Strength & Sparkle

All of our interventions aim to cultivate:

Stability

- ✓ Working together
- ✓ Supporting the family/placement to find a consistent way forward.
- ✓ Understanding & being able to navigate the nervous system
- ✓ Developing a Toolkit of techniques to manage nervous system states (Fight, Flight, Freeze)
- ✓ Developing Understanding of emotion

- ✓ Developing window of tolerance
- ✓ Feeling Safer
- ✓ Creating a crisis/Safety Plan
- ✓ Developing a Self-Care Box
- ✓ Developing Patterns & routines
- ✓ Support with regressive care
- ✓ Support with managing impulsivity
- ✓ Developing Secure attachments
- ✓ Understanding Complex Post Traumatic Trauma Disorder
- ✓ Increasing Empathy, Reflection and insight skills

Strength

- ✓ Understanding and supporting the psychological complexity of the Young Person
- ✓ Promoting Self Care
- ✓ Improving Physical and Emotional Wellbeing of Young People and Parents/Carers
- ✓ Increased understanding of trauma and of your own and your Young Person's trauma history
- ✓ Further development of 'Relationships' and Secure attachments (building on the Strength Phase)
- ✓ Development of therapeutic Parenting capacity to withstand the demands of re-Parenting young people with developmental trauma
- ✓ Developed Reflective and insight skills

Sparkle

- ✓ Integration of trauma experiences
- ✓ Development of Self Esteem & Self Concept
- ✓ Developed acceptance of self and nervous system/emotional states
- ✓ Increased Joy and Fun
- ✓ Talents Developed/Providing opportunities for Young People to thrive at what they are good at.

Other services:

- Treasuring Together: Residential homes Therapeutic & Clinical oversight package

Contract Arrangements:

Virtual & Site Delivery cost fixed

Typically 20 hours per month

Funded by Local Authority or directly by Children's residential homes

Objectives: The Treasuring Together package offers bespoke consultancy to children's residential homes. Rooted in psychological best practices, our trauma-informed support draws on Polyvagal theory and the TREASURE Parenting model to guide carers, staff, and leadership toward relational safety and sustainable therapeutic care. We help homes become havens—where children feel truly treasured, and adults are equipped to nurture healing.

The Consultant will provide services including, but not limited to:

- Training in Therapeutic Parenting
- Reflective Practice Groups
- Child in mind meetings reflecting individually on the psychological profile and recommended interventions for each young person
- Clinical supervision/Consultancy to staff
- Attendance to meetings to provide psychological insight (Child Looked After Reviews, Team Meetings, Team meetings, professionals meetings)

- **Treasure Seekers Therapeutic LifeStory Work**

Number of Sessions: 24

Objectives: To help young individuals gain a clear understanding of their past experiences and their journey through adoption or being in care. To support them in recognising and reflecting on their inner strengths and resources throughout their life journey.

Treasure Keepers has developed the Treasure Seekers Therapeutic Life Story model.

This method is trauma-sensitive and clinically informed, offering a unique perspective compared to other life story approaches. Our Treasure Keepers trained clinicians deliver this model, utilizing their clinical expertise to ensure a safe and effective experience for each young person.

The model draws from various life story work methods, including the Richard Rose Therapeutic Life Story Work approach, while also incorporating psychological practices.

This is a phased approach. Session costs include: 1 suitability assessment session; 5 hours dedicated to information gathering 18 direct work sessions

This approach may be particularly beneficial for young people who have faced significant developmental trauma.

- **Treasure Keepers Therapy**

Typical Annual Number of sessions: 12-26

Virtual or Site Delivery cost fixed

Self funded by Parents, Carers or Adults.

Treasure Keepers Therapy services are available both self-funded or insurance-funded, providing flexibility to choose the payment option that works best for you.

Objectives: To offer support for anxiety, trauma, or other mental health concerns. To help you rediscover your strength and guide you through the process of healing. To assist you in discovering your unique 'inner Treasures' and help you return to a life that sparkles with joy and vibrancy!

- **Support Groups:**

2 hour Virtual /Site Delivery Session

Please note that Clinic Space can be used for site delivery for a group of up to 2 Parents/Carers at no additional cost

Larger groups on site may incur additional premises hire costs

If a site can be provided, then only travel expenses would be added for site delivery.

Objectives: To provide a safe reflective space for Parents & Carers to explore matters relating to parenting children experiencing developmental trauma. To encourage peer support and peer network development

- Groups will encourage a sharing of presenting matters and will use the Treasure Keepers Intervention Models to explore further.
- Groups will encourage peer advice-exchange and the development of supportive networks.
- Frequency of group delivery over the year can be agreed (bi-monthly, quarterly, bi-annual)

TRAINING & CONSULTATION SERVICE

Treasure Keepers offer training and consultation services including:

- Professional consultation/ Clinical Supervision/Reflective Practice
- Introduction to Therapeutic Parenting Training (16 hours)
- Training workshops

Professional consultation/ Clinical Supervision/Reflective Practice

Virtual or Site session delivery

Objectives: To support the workforce in the challenges of working alongside developmental trauma. Value is placed on education and in supporting settings to understand and respond in a helpful way to children with trauma histories.

Introduction to Therapeutic Parenting

Objectives: This course offers a structured introduction to the key components of Therapeutic Parenting, designed to support participants in applying these principles within residential care settings.

Course Format and Structure

- The training is delivered in eight concise modules, each focusing on a specific aspect of the Therapeutic Parenting model.
- Sessions are 2 hours long, making them accessible and manageable alongside the demands of residential care work.
- While the training provides a solid foundation, it is not an in-depth exploration; each module represents a component that could be expanded further in advanced training.

Learning Outcomes

- Participants will gain confidence and competence in the theoretical foundations of Therapeutic Parenting.
- Practical guidance is provided to support the application of these principles in everyday practice.

Delivery and Accessibility

- All modules are delivered online and are recorded, allowing participants to revisit content or catch up if unable to attend live.
- Each module includes a knowledge check quiz. A score of 90% or higher is required to earn a module certificate.
- Upon successful completion of all eight modules, participants receive a Certificate of Completion and Success.

Training Workshops

- 'A Snapshot of Developmental/Complex Trauma'
- CALM Parenting
- Trauma Responses & Understanding the Nervous System
- Taking Care of Yourself. Wellbeing Approaches for Parents/Carers and Professionals
- Communicating and connecting with Teenagers

FINANCES

Treasure Keepers is a Private Limited Company.

Income is generated from Services provided as detailed above.

Treasure Keepers have a fee structure devised to ensure the income generated from services is sufficient to pay the running costs.

These costs include but are not limited to rent, rates, insurance, staff (salaries, pensions, employers NI etc.) and Associate Psychologist/Psychotherapist costs utilities, staff training, consultancy fees, professional subscriptions, therapy and office supplies, equipment, planned and unplanned expenditures.

Monthly meetings with the accountant ensure the effective management of finances,

The cashflow reviews and analysis of income enables resources and ensures that the organisation remains financially viable.

COMPANY DETAILS

Website: www.treasurekeepers.co.uk

Main Contact:

Vikki Cohen

Treasure Keepers Company & Clinical Director

Founder & Owner

Principal Practitioner Psychologist

Bsc (hons) Msc DipCounsPsy C.Psychol AFBPsS

HCPC Registered

Email: vikki@treasurekeepers.co.uk

Vikki is a HCPC Registered Principal Practitioner Psychologist and the Service/Clinical Director for Treasure Keepers. She holds strategic responsibility and accountability for Treasure Keepers.

Vikki is also the Clinical & Service Director for Treasure Keepers. Vikki is a highly qualified, specialised and experienced Practitioner Psychologist and has worked with families, carers, children & young people who have experienced developmental trauma since 2007.

Treasure Keepers was established by Vikki in 2016.

STRUCTURE OF TREASURE KEEPERS

Treasure Keepers currently runs as a 'micro-company'.

Key professionals are contracted under an 'Associate' agreement. This is a formal and legally binding agreement which is regularly reviewed. All Associates are expected to adhere to the Treasure Keepers Policies.

Associate Practitioners all have recognised and regulated qualifications in their discipline and are either HCPC Registered Psychologists or UKCP/BACP Therapists. They have all completed the Treasure Keepers Induction processes and Treasure Keepers Model Training. They received monthly clinical supervision and monthly management supervision from within the company at no additional cost to them.

Treasure Keepers have external Consultants. These include Consultants for Accounting and External Supervision.

POLICIES & PROCEDURES

Treasure Keepers have a comprehensive policy pack and Employee Handbook which is distributed to all Employees and Associates.

These policies are updated regularly.

This policy pack is available to all of our Service Users and any Professional or member of the general public.

For this Statement of Purpose details are given on 2 key policies:

➤ **Child & Adult Safeguarding and Protection Policy**

Safeguarding and protecting children and Adults is of the highest priority for Treasure Keepers.

Any concerns around risk, crisis management or critical incidences for Children or Adults should be managed in line with the guidance within this policy.

Treasure Keepers Service Users are safeguarded from all forms of abuse, exploitation and discrimination, whether deliberate or inadvertent, in accordance with written policies and procedures.

This policy is also applicable to Children or Adults who are not Treasure Keepers Service Users, but with whom Treasure Keepers comes into contact.

Safeguarding also means being proactive about promoting and maintaining a child's well-being. Aiming to avoid situations where children could be at risk of developing not well or become at risk of harm.

Designated Safeguarding Lead (and Service Director)

Vikki Cohen

Email: vikki@treasurekeepers.co.uk

Website: www.treasurekeepers.co.uk

Introduction

The following safeguarding policy and child protection procedures are in line with the 'SET Safeguarding and Child Protection Procedures' and all relevant legislation and government guidance (please refer to the policy in full for further details)

Key Principles:

- Safeguarding is everyone's responsibility.
- For services to be effective each professional and organisation should play their full part
- A child-centred approach should be adopted: for services to be effective they should be based on a clear understanding of the needs and views of children.

➤ Complaints & Compliments Policy

This policy is written in line with all applicable legislation and government guidance (please refer to the policy in full for further details).

We also encourage feedback from our Service Users (Adults and Children) and have a postbox outside the consultation rooms in which they can post their thoughts and ideas.

Introduction

As a Service we value feedback.

Compliments and complaints are valued as a source of information and enable us to reflect on how we can further improve and innovate in our service.

All Service Users, referrers and training course attendees will have access to this policy.

Children and young people also have a separate children's guide which explains the complaints policy. This is available in printout or can be downloaded from our website.

Complaints will be handled with efficiency and each stage will be concluded within 28 days.

Complainants will have the right of appeal.

Confidentiality will be maintained at all stages.

Compliments

Treasure Keepers aims to use compliments to enable us to develop a service of excellence and to encourage all our professionals to be the best they can be.

A compliment may be made about an individual, or the organisation as a whole and may be made by both those external and internal to the service.

Aims of the Compliments Policy

- ✓ To ensure that compliments received are properly recorded, acknowledged and communicated to the individuals who are being complimented.
- ✓ To identify areas for improvement and potential good practice can be identified and used to promote a higher quality of performance

Complaints

Treasure Keepers have a complaints management process.

Such complaints would be invited for submission to the Director of Treasure Keepers.

If the complaint should be about the Director, then all Service Users are advised at the point of initial contracting how they can make a complaint to the British Psychological Society; and/or the Health Care Professionals Council or to the Local Authority.

The complaints procedure as detailed below would be initiated by the Director and then if it cannot be resolved through step 1 (informal) then this would follow the process of step 2 (formal) but would be reviewed as in step 3 by the independent person. This would be to avoid bias.

If a complaint is about the service as a whole then Service Users are advised (In the Children's and Adult's Treasure Keepers Services Guide) to contact their referring Local Authority Commissioning Team.

Aims of the Complaints Policy

- ✓ The aim of this policy is to enable any individual who comes into contact with Treasure Keepers to have information regarding the process in place for receiving formal feedback on the services which we provide.
- ✓ Treasure Keepers believes it vital to operate in an open and accountable way in order to build commissioner and Service User trust and therefore gladly welcomes all types of feedback, including negative.
- ✓ Treasure Keepers aims to respond to comments positively in order to ensure that we keep our commitment to clients and provide as quality a service as possible.
- ✓ This policy sets out the process that a complaint will go through from its inception to its satisfactory resolution agreed upon by Treasure Keepers and the complaint creator.
- ✓ Despite the set route that such comments take when received by Treasure Keepers , every case is considered individually so that the most relevant action is taken.

The purpose of the Complaints Procedure

Initially the purpose of formally processing complaints is to be able to determine the cause of the complaint.

This can then lead us to assess why this complaint came to be and if relevant improve processes to prevent reoccurrence.

There are two desired results of the complaints procedure:

- 1) Initially to ensure that the complainant is fully satisfied with our proposed resolution.
- 2) To enable Treasure Keepers to look at the way we manage services using the complaints to assist us in avoiding the issue occurring again in the future.

By analysing the complaint, we believe we can provide a better quality service to our Users. We encourage individuals who wish to make a complaint to contact Treasure Keepers directly by email on vikki@treasurekeepers.co.uk.

Treasure Keepers always aims to provide a timely response.

The more information provided, the quicker Treasure Keepers will be able to provide a satisfactory response.

Treasure Keepers will ensure complaints can be made by a person acting on behalf of a child. Details of how to do this are provided within the Children's Guide (page 10) which is distributed to every Child and Young Person receiving Treasure Keepers Services.

We will do all we can to help or support in the making of a complaint, where this is necessary.

We keep a record of the number and type of complaints/compliments received in order to improve our service and provide relevant training.

CHILDREN'S GUIDE

All Children and Young People receiving a service from Treasure Keepers are given a Children's Guide.

This can also be downloaded directly from our website (www.treasurekeepers.co.uk)

This gives them information about the service they will receive as well as letting them know about their right to complain not only to Treasure Keepers but also to Ofsted and the Children's Commissioner.

MONITORING & EVALUATION SERVICES

Treasure Keepers place a premium on providing high quality services.

We have several processes which are designed to help us maintain the quality and standards of the services provided:

Outcome Tracking

All Service Users have their outcomes tracked every 6 months and a review report provided. This is a mixture of both 'soft' and 'hard' data.

The psychometric tests that were completed at assessment are re-run and compared for progress every 6 months.

Feedback is gained directly from the Children/Young People and the Parents/Carers on their evaluation of their progress through our models (by completion of a 'survey monkey' evaluation)

Review reports enable a focus on whether the aims of the intervention are being met and whether progress is being made.

Supervision & Training

All Associate Practitioners receive clinical supervision regularly from the Director & Principal Practitioner Psychologist (at no additional cost to them). This is focussed on assuring the services provided are in line with the clinical models of Treasure Keepers. Duration and frequency of supervision is dependent on the number of cases held.

The Service Director has regular supervision from an external highly experienced Consultant Psychologist.

All staff and Associates receive Induction Training and have training in relation to Safeguarding and access to training and updates on adoption legislation and practice.

Treasure Keepers remain well connected and receive updates on good practice and policy development.

Feedback

Feedback is invited regularly as part of the reviewing processes. A 'Survey Monkey' evaluation is sent to all Children, young People and Adults receiving services.

All Service Users are invited to 'post' thoughts and ideas into our Postbox, located at our therapy rooms, so that improvements/adjustments can be considered.

Feedback is also collected after all training services have been delivered.

Meetings

Feedback on service quality and effectiveness is gained through regular consultation meeting with commissioners and referrers.

Internal Processes

Whole service outcomes are evaluated and tracked to help highlight areas of development. This includes a tracking on the whole-service psychometric data as well as reviewing placement stability and safeguarding incidences.

There is a regular review of short-, medium- and long-term goals for the service.

Regular consultancy with external experts drive forward service development and maintain good practices



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